

Dear Caregivers:

Today we used some of these books, fingerplays, and other materials in our storytime. Please continue helping your child develop by sharing these at home!

LIGHT AND DARK

LETTER OF THE DAY

BOOKS TO SHARE

FUN WITH FINGERPLAYS AND SONGS

Shubh Diwali
by Chitra Soundar

Winter Candle
by Jeron A. Frame

The Shortest Day
by Susan Cooper

Windows
by Julia Denos

The House in the Night
by Susan Marie Swanson

Night Light
by Nicholas Blechman

Flashlight Night
by Matt F. Esenwine

Night Lights
by Susan Gal

Christmas Lights
by Ann Ferrington

Polar Bear Night
by Lauren Thompson

While The Bear Sleeps (non-fic)
by Caitlin Matthews

Here's a Little Candle
[Tune: "I'm a Little Teapot"]

Here's a little candle dressed in white,
Wearing a hat of yellow light.
When the night is dark, then you will see
Just how bright this light can be.
Here's a little candle straight and tall,
Shining its light upon us all.
When the night is dark, then you will see
Just how bright this light can be!
Here's a little candle burning bright.
Keeping us safe all through the night.
When the night is dark, then you will see
Just how bright this light can be!

Candle, Candle [action rhyme]

Candle, candle burning bright, [ASL sign for 'candle']
lighting up the darkest night.
Thank you for your shining light,
but with one puff, you're out of sight. [blow on the fingers representing the flames and curl them into a fist to show the candle going out]

Jack Be Nimble [English nursery rhyme]

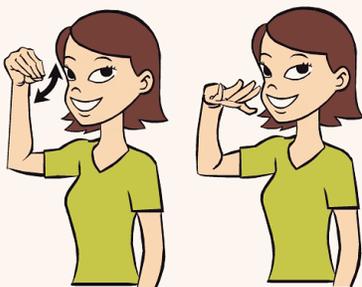
Jack be nimble,
Jack be quick,
Jack jump over
The candlestick

Tip: If you are using this rhyme with a baby, you can bounce to the rhythm and then lift up on 'jump over the candlestick.'



LI

ASL SIGN OF THE DAY
"Light"



"Dark"



Five Little Candles [fingerplay]

Five little candles
Wish there were more
Blow one out **[blow quickly]**
Then there are four
Four little candles
Pretty as can be!
Blow one out **[blow quickly]**
Then there are three.
Three little candles
Shining bright for you
Blow one out **[blow quickly]**
Then there are two
Two little candles, almost done,
Blow one out **[blow quickly]**
Then there was one
One little candle
Standing all alone,
Quick! Make a wish before the candle is blown!

You can make this rhyme specific to holiday celebrations by changing the number of candles and substituting the word 'little' for the name of the holiday (example -- 'eight Hanukkah candles, isn't it heaven, blow one out and then there are seven; seven Hanukkah candles, look at their wicks, blow one out and then there are six; six Hanukkah candles, all so alive, blow one out and then there are five . . .').

10 Little Lights [fingerplay] [count on fingers as you say the rhyme]

1 little, 2 little, 3 little lights,
4 little, 5 little, 6 little lights,
7 little, 8 little, 9 little lights,
and one more makes ten!

"Here Comes the Sun" by The Beatles (1969)

MORE FUN!

Cardstock Lantern

Materials:

Cardstock
Hole puncher
Battery-operated tealight candle
Scissors
Tape



Decide how tall you want your lanterns to be. In order to punch the most holes (and therefore have a brighter lantern) you'll want to have a shorter height.

Cut cardstock into strips and punch holes through the paper.

Use tape to close lantern into a cylinder and drop a battery-operated tealight inside.

Tip: This craft helps your child(ren) practice their scissor skills by providing them with a thicker, more resistive material that slows down their speed and builds better accuracy.

Lights and candles have played an important role in celebrations for many cultures throughout history. During Fall and Winter, many families celebrate holidays of light like Hanukkah, Christmas, Kwanzaa, Diwali, and Yule.

Check out an early-reader non-fiction book about one of these holidays to read together with your child!

Make a list with your child of where we see/get light (example -- sun, fire, stars, etc.).

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