

Dear Caregivers:

Today we used some of these books, fingerplays, and other materials in our storytime. Please continue helping your child develop by sharing these at home!

TEETH

LETTER OF THE DAY

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BOOKS TO SHARE

The Tooth Fairy's Tummy Ache
by Lori Orlinsky

People Don't Bite People
by Lisa Wheeler

Pony Brushes His Teeth
by Michael Dahl

Let's Meet a Dentist (non-fic)
by Bridget Heos

ABC Dentist (non-fic)
by Harriet Ziefert

Maisy, Charley, and the Wobbly Tooth
by Lucy Cousins

Smiley Shark
by Ruth Galloway

Alan's Big Scary Teeth
by Jarvis

Even Monsters
by A.J. Smith

Does A Lion Brush?
by Fred Ehrlich

Bear's Loose Tooth
by Karma Wilson

Clarabella's Teeth
by An Vrombaut

FUN WITH FINGERPLAYS AND SONGS

Five Little Teeth [fingerplay]
[count down from five on your fingers as you recite the rhyme]

There were five little teeth in my teeny tiny mouth,
I pulled and I twisted and one popped out!
Now there are [four, three, two, one] little teeth in my
teeny tiny mouth!

This Is The Way We Brush Our Teeth
[Tune: "Here We Go 'Round The Mulberry Bush"]

This is the way we brush our teeth,
Brush our teeth, brush our teeth,
This is the way we brush our teeth,
So early in the morning

[verses: floss our teeth, rinse our mouths, etc.]

10 Little Teeth [fingerplay]
[count to ten on your fingers as you recite the rhyme]

1 little 2 little 3 little teeth,
4 little, 5 little, 6 little teeth,
7 little 8 little 9 little teeth,
10 little teeth are sparkling clean!

My Dentist
[Tune: "Frere Jacques"]

My dentist, my dentist,
Always tells me, always tells me,
Brush your teeth, brush your teeth,
Twice a day, twice a day.

ASL SIGN OF THE DAY

"Teeth"



The sign for "teeth" is done by smiling and moving an "X" hand from one side of your mouth to the other to point out your teeth.

Brushing Teeth

[Tune: "Twinkle Twinkle Little Star"]

Here's my toothpaste,
Here's my brush,
I won't hurry, I won't rush.
Working hard to keep teeth clean,
Front and back and in between,
When I brush for quite a while,
I will have a happy smile!

Brush, Brush, Brush Your Teeth

[Tune: "Row, Row, Row, Your Boat"]

Brush, brush, brush your teeth,
Gently round your gums.
Merrily, merrily, merrily, merrily,
Brushing is such fun!
Brush, brush, brush your teeth,
Brush them every day.
The front, the sides, the back, the top,
To keep decay away!

All My Friends Have Pretty Smiles

[Tune: "Old MacDonald Had a Farm"]

All my friends have pretty smiles
Ee - i - ee - i - o.
They brush their teeth to keep them bright,
Ee - i - ee - i - o.
With a brush-brush here,
And a brush-brush there,
Here a brush, there a brush,
Everywhere a brush-brush.
Oh what fun to brush our teeth,
Ee - i - ee - i - o.

"Brush Your Teeth" by Raffi (1976)

MORE FUN!

Playdoh Dentist

Materials:

Egg carton
(or large plastic
Duplo/Mega Block)
Playdoh
Dental floss
Toothbrush



Start by putting small amounts of playdoh inside the in-between spaces on your carton/block. Apply some on top of the 'teeth' as well.

Next, let your child(ren) experiment with the use of dental tools -- the floss and toothbrush -- to remove the playdoh 'plaque.'

While your child(ren) play, you can talk about how bits of food and plaque accumulate on our teeth and the methods we use to get rid of them.

This activity is a great fine-motor exercise as well as a prime opportunity for discussion about why keeping up with our dental hygiene is so important!

How do animal teeth look different than ours? Do a shark's teeth look the same as a cat's teeth? Do some research together with your child(ren) on different species.

Did you know? The shape of an animal's teeth tells us what kind of food it eats (plants, meat, or both).

Brainstorm a list of other words that begin with the letter 'T.'

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