

Dear Caregivers:



Today we used some of these books, fingerplays, and other materials in our storytime. Please continue helping your child develop by sharing these at home!

# MESSY AND CLEAN

LETTER OF THE DAY

BOOKS TO SHARE

FUN WITH FINGERPLAYS AND SONGS

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*Dog's Colorful Day*  
by Emma Dodd

*The Pigeon Needs a Bath*  
by Mo Willems

*I Stink!*  
by Kate McMullan

*Wash-a-Bye Bear*  
by Thomas Docherty

*Llama Llama Mess, Mess, Mess*  
by Anna Dewdney

*Maisy Cleans Up*  
by Lucy Cousins

*Time For a Bath*  
by Phillis Gershator

*Ding Dong Gorilla!*  
by Michelle Robinson

*Just So Willow*  
by Sara Shacter

*Dirtball Pete*  
by Eileen Brennan

*Great, Now We've Got Barbarians!*  
by Jason Eaton

*Harry, the Dirty Dog*  
by Gene Zion

**This is the Way We Wash Our Hands**  
[Tune: "Here We Go Round the Mulberry Bush"]

This is the way we wash our hands [rub hands together]

Wash our hands, wash our hands  
This is the way we wash our hands  
After we get messy!

[Verses: change body parts to 'wash']

**Five Pigs So Squeaky Clean**  
[Tune: "Five Green and Speckled Frogs"]

Five pigs so squeaky clean,  
Cleanest you've ever seen,  
Wanted to go outside and play IN THE MUD!  
One jumped into the mud,  
Landed with a big THUD,  
Then there were four pigs squeaky clean.

[Verses: count down from five]

**Clean Up [song]**

Clean up clean up,  
everybody everywhere.  
Clean up clean up,  
everybody do your share.

Clean up, clean up  
Time to put the toys away  
Clean up, clean up  
For the next time that we play!

ASL SIGN OF THE DAY

"Wash"



The general sign for "wash" is made by closing both hands into "A" hands with your dominant hand on top. Make a circular "scrubbing" movement with the hand that is on top--as if washing something. The hand on the bottom doesn't move.

## After My Bath [action rhyme]

After my bath, I try, try, try  
To rub myself till I'm dry, dry, dry **[pretend to rub body with a towel]**  
Hands to dry and fingers and toes **[point to body parts]**  
Two wet legs and one shiny nose **[point to body parts]**  
Just think how much less time it would take,  
If I were a dog and could shake, shake, shake!  
**[shake whole body]**

## Five Little Garbage Trucks [fingerplay]

Five little garbage trucks, painted green,  
Picking up trash to keep the town clean.  
They work and they work until they fill up —  
Now one of the garbage truck drives to the dump!

**[Verses: count down from five on your fingers]**

## Washing Clothes [action rhyme]

Put the clothes in the washer. **[pretend to put clothes in]**  
The water trickles in. **[wiggle fingers, move downward]**  
The clothes go round and round.  
And they spin, spin, spin. **[move arms in back & forth circular motion]**

## Tidy Up, Tidy Up [Tune: "Jingle Bells"]

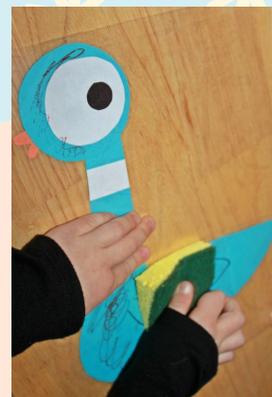
Tidy up, tidy up, put your things away.  
Tidy up, tidy up, we're finished for today.  
Oh, tidy up, tidy up, put your things away.  
For we'll get them out again another school day.

## MORE FUN!

### Dry Erase Messy/Clean

#### Materials:

Dry erase marker(s)  
Laminated picture(s)  
(Or pictures sealed inside plastic page protectors or self-laminating sheets)  
Scrap piece of cloth  
(Or fresh kitchen sponge)  
(Optional) Dish soap and water



Choose a picture of something that your child will like making messy and scrubbing clean.

Examples: An animal, a character from a book (like Mo Willems' "Pigeon" in the picture above!), a body part, a common household object, etc.

Laminate (or use an alternate method) to cover picture in plastic.

Demonstrate how to use dry erase markers and cloth/other cleaning supplies to make picture dirty and clean again and again!

### This exercise is great for building fine-motor and self-help skills.

Even very small children like to feel like they're making a contribution to family life and activities by helping with simple tasks.

Here are some tips to get toddlers involved in household chores and begin building their fine/gross motor skills and sense of responsibility:

- Be specific when giving instructions.
  - Instead of saying "Clean up your toys," say something like "Pick up your truck and put it on the shelf."
- Build sorting skills in a practical way by having your child(ren) help put away groceries after a shopping trip.
  - Which items have to go into the fridge? What about the pantry?

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