

Dear Caregivers:

THANK
YOU

Today we used some of these books, fingerplays, and other materials in our storytime. Please continue helping your child develop by sharing these at home!

GRATITUDE

BOOKS TO SHARE

FUN WITH FINGERPLAYS AND SONGS

LETTER OF THE DAY

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Thanku: Poems of Gratitude
edited by Miranda Paul

Thank You, Thank You

[Tune: "Twinkle, Twinkle Little Star"]

Thank You, Bees
by Toni Yuly

Thank you, thank you, very much.
For everything that I can touch.
Thanks a lot for nature's food.
And for when I'm feeling good.
Thank you, thank you, very much.
For moms and dads and friends and such.

The Thank You Book
by Mo Willems

The Circle of Thanks: Native American Poems and Songs of Thanksgiving
by Joseph Bruchac

If You're Thankful

[Tune: "If You're Happy and You Know It"]

Biscuit Is Thankful
by Alyssa S. Capucilli

If you're thankful and you know it, clap your hands.
If you're thankful and you know it, clap your hands.
If you're thankful and you know it,
Then your face will surely show it.
If you're thankful and you know it, clap your hands.

Thank You, Omu
by Oge Mora

Gracias/Thank You
by Pat Mora

Thanks A Lot [song by Raffi]

Llama Llama Gives Thanks
by Anna Dewdney

Thanks a lot
Thanks for the sun in the sky
Thanks a lot

Bear Says Thanks
by Karma Wilson

[Verses: **clouds so high; whispering wind; birds in spring; moonlit night; stars so bright; wonder in me; way I feel**]

Give Thanks For Each Day
by Steve Metzger

Thanks for the animals, thanks for the land
Thanks for the people everywhere
Thanks a lot
Thanks for all I've got
Thanks for all I've got

The Thankful Book
by Todd Parr

ASL SIGN OF THE DAY "Thank You"



The sign for "thank you" is made by starting with the fingers of your dominant hand near your chin. Your hand should be a "flat hand." Move your hand forward and a bit down in the direction of the person you are thanking

Skinna-marinky Dinky Dink [song]

Skinna-marinky dinky dink, skinna-marinky doo.

I **[point to yourself]**

love **[cross arms across chest]**

you! **[Point to a child]**

Skinna-marinky dinky dink, skinna-marinky doo.

I **[point to yourself]**

love **[cross arms across chest]**

you! **[Point to a child]**

I love you in the morning, and in the afternoon.

I love you in the evening, and underneath the moon.

Oh, skinna-marinky dinky dink, skinna-marinky doo.

I **[point to yourself]**

love **[cross arms across chest]**

you! **[Point to a child]**

Giving Thanks [poem by Joseph Bruchac]

Thanksgiving is more than just one day, so a Mohawk elder said to me.

Though it is good that we remember this time with feasting each November.

We need to give thanks every dawn for the gifts of life, for each breath drawn.

For everything that keeps us living, we speak our words of true thanksgiving.

MORE FUN!

Gratitude Jar

Supplies:

Slips of paper

Pencil/pen

Jar or other container



Brainstorm a list of prompts with your child that are designed to spark discussions of gratitude.

Examples:

"What made me smile today?"

"How did technology make my life easier today?"

"What do I love most about my home?"

"What smells am I thankful for?"

For more inspiration, google "gratitude prompts."

Write these prompts on slips of paper and put them into your jar.

[Optional: Decorate the outside of the jar with washi tape, markers, collage materials and mod-podge, etc.]

Every day, take a prompt from the jar and take turns answering with your child and other members of your family.

Studies show that people who express their feelings of gratitude regularly are happier and healthier.

Model an attitude of thankfulness in front of your child(ren) by verbally expressing gratitude for even the smallest things (example -- "I'm so grateful that we found a parking space this close to the grocery store!").

Some children may feel anxiety over saying 'thank you' in person, especially to strangers, so **offer them an alternative method** (sign language, written thank you note, etc.) **to express their gratitude** and demonstrate polite manners.

Help your child research how to say 'thank you' in a language you don't already speak at home.

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