

Dear Caregivers:

Today we used some of these books, fingerplays, and other materials in our storytime. Please continue helping your child develop by sharing these at home!

DANCE



LETTER OF THE DAY

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BOOKS TO SHARE

How Do You Dance?
by Thyra Heder

Diana Dances
by Luciano Lozano

Hip-Hop Lollipop
by Susan Montanari

Jingle Dancer
by Cynthia Leitich Smith

Dance Party Countdown
by Eric Litwin

*Danza! : Amalia Hernández
And El Ballet Folklórico de México (non-fig)*
by Duncan Tonatiuh

Emma and Julia Love Ballet
by Barbara McClintock

I Got The Rhythm
by Connie Schofield-Morrison

Cats' Night Out
by Caroline Stutson

Dance With Me
by Charles Smith

Kitchen Dance
by Maurie Manning

Giraffes Can't Dance
by Giles Andreae

FUN WITH FINGERPLAYS AND SONGS

Dance Your Fingers Up [fingerplay]

Dance your fingers up,
dance your fingers down
Dance your fingers to the side,
dance them all around!
Dance them on your shoulders,
dance them on you head,
Dance them on your tummy,
and put them all to bed.

Five Dancing Ballerinas [fingerplay]

Five dancing ballerinas,
prancing on their toes.
They twirl and spin and jump;
then off the stage one goes [*count down*]

Leaves in the Wind [Tune: "Ring Around the Rosy"]

Dance and twirl together,
Like leaves in windy weather,
Twirling, swirling,
We all fall down!

Here We Go Looby Loo [folk song]

[*Join hands and go around in a circle*]

Here we go looby loo,
Here we go looby light,
Here we go looby loo,
All on a Saturday night.

ASL SIGN OF THE DAY

"Dance"



Take your non-dominant hand and hold it out in front of you with the palm side facing up. With your dominant hand, extend your middle and index fingers like an upside down 'V' and swing them back and forth above your open palm.

We're Marching 'Round The Room [action rhyme]

[Tune: "The Farmer In The Dell"]

We're marching 'round the room
We're marching 'round the room
High ho the derry-o
We're marching 'round the room

[Verses: tiptoeing, jumping, and dancing]

Here's One Foot [action rhyme]

Here's one foot, [stick out foot]
Here are two. [hold out the other foot]
Each is wearing a brand new shoe.
So, skip and dance around the floor.
That's what these new shoes are for! [freestyle dance!]

Buffalo Gals [American folk song]

Buffalo gals, won't you come out tonight?
Come out tonight,
Come out tonight?
Buffalo gals, won't you come out tonight,
And dance by the light of the moon?

"(Put Another Nickel In) Music, Music,
Music" by Teresa Brewer (1950)

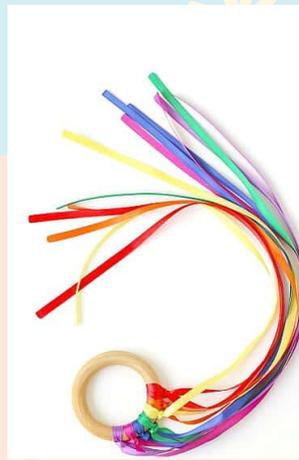
"Locomotion" by Carole King (1980)

MORE FUN!

Ribbon Dancing Rings

Materials:

Wooden/plastic ring
Shower curtain rings, teething rings, and pool diving rings all work well.
Various textures/colors of ribbon
Scissors
(optional) Lighter



Cut ribbons into lengths of about 3 feet/36 inches (this can depend on your child's height, but 3 feet will give you 18 inch lengths of ribbon when doubled and tied).

You can use as many lengths of ribbon as you choose, but about six or seven leaves enough room on the ring for your child to hold onto.

Fold ribbon in half and tie a slip knot around the ring.

(Optional) Run lighter over the ends of your ribbon lengths to 'seal' the ribbon and prevent it from fraying.

Your child can use this ring while dancing and during imaginative play (the ribbons can be jellyfish, rainbows, sunbeams, etc.).

There are dozens of different types of dance to explore with your child(ren). **Like other art forms, dance is a great way to learn more about a culture different from your own.** Try searching online for videos of dance performances in styles you haven't encountered before and read a little together about the history of that style.

Your child(ren) don't care how you look when you dance. Enjoy the physical and mental health benefits of having a freestyle dance party with your child(ren) and move your bodies in whatever ways make you happy!

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