Dear Caregivers:

Today we used some of these books, fingerplays, and other materials in our storytime. Please continue helping your child develop by sharing these at home!

**BOOKS TO SHARE**

- *Marta Big and Small* by Jen Arena
- *A Garden of Opposites* by Nancy Davis
- *Yummy Yucky* by Leslie Patricelli
- *Big, Little* by Leslie Patricelli
- *Stop, go, yes, no!* by Mike Twohy
- *Opposites* by Sandra Boynton
- *The Huyes In What’s The Opposite?* by Oliver Jeffers
- *Flora and the Ostrich* by Molly Schaar Idle
- *Maisy Big, Maisy Small* by Lucy Cousins
- *We Love You, Rosie!* by Cynthia Rylant

**FUN WITH FINGERPLAYS AND SONGS**

- *This Is Big* [action rhyme]
  - This is big, big, big [stretch hands far to sides]
  - This is small, small, small [cup hands together]
  - This is short, short, short [hold palms close vertically]
  - This is tall, tall, tall [hold palms far apart vertically]
  - This is fast, fast, fast [roll hands quickly]
  - This is slow, slow, slow [roll hands slowly]
  - This is yes, yes, yes [nod head]
  - This is no, no, no [shake head]

- *Two Little Blackbirds* [fingerplay]
  - Two little blackbirds sitting on a hill.
    One named Jack and one named Jill.
    Fly away Jack, fly away Jill.
    Come back Jack, come back Jill.

  [Verses:
   - Two little blackbirds flying in the sky.
     One named Low and one named High...
   - Two little blackbirds sitting on a pole.
     One named Fast and one named Slow...
   - Two little blackbirds sitting on a gate...
     One named Early and one named Late...]
Opposites Simon Says [callback rhyme]

I say fast and you say.... SLOW!
Fast! Slow! Fast! Slow!

I say up and you say...DOWN!
Up! Down! Up! Down!

I say loud and you say...QUIET!
Loud! Quiet! Loud! Quiet!

I say clean and you say...DIRTY!
Clean! Dirty! Clean! Dirty!

I say happy and you say... SAD!
Happy! Sad! Happy! Sad!

I say big and you say...SMALL!
Big! Small! Big! Small!

We Are Opposites [rhythm]

We are opposites,
And I'll tell you more
I say after,
And you say before.

I say stop,
And you say go.
We are opposites --
I told you so!

I think it's hot,
You think it's cold.
I say it's new,
You say it's old.

I come in,
And you go out.
We are opposites,
Let's give a shout!

"Hello, Goodbye" by The Beatles, (1967)

D.I.Y. Opposites Puzzle

Supplies:
Cardstock
Markers
Scissors

Brainstorm a list of opposites with your child (examples: in/out, big/small, open/closed, etc.) and then use a piece of heavy cardstock to draw each concept and its opposite.

Cut the cardstock down the middle between the two opposites in a puzzle shape (zig-zag, curves, etc.).

Once you've made 5-10 different opposite puzzles, you can mix all the pieces together and play a matching game!

Understanding the concept of opposites helps children build their communication skills by increasing the vocabulary they have for describing detail in things and events.

Which opposite pairs can be demonstrated with just our bodies? Big and little? Happy and sad?

Play a game with your child where you ask your child to do a movement opposite to yours (example -- if you reach up high to the sky, your child should reach down to the ground). Following these simple rules will help develop not only their understanding of opposites, but also self-regulation and motor skills.

Brainstorm a list of other words that begin with the letter "o."